

ROYAL BOURNEMOUTH HOSPITAL & POOLE GENERAL HOSPITAL

FERTILITY CLINIC

INSTRUCTIONS FOR SEMEN ANALYSIS

Please follow the instructions carefully to ensure the most accurate result.

- 1/ **NO** intercourse for **TWO** days prior to the test.
- 2/ The **WHOLE** volume of ejaculate must be collected. If the pot has been missed, then the sample must be re-done after two days.
- 3/ Do not use a condom as this contains spermicidal powder and will affect the results.
- 4/ Please complete the date and time of production of specimen on the form provided.
- 5/ Please ensure the specimen pot is labelled with **your full name and date of birth**, and the request form is completed with **your full name and date of birth, and your partner/wife's full name and date of birth**. A sterile pot can be obtained from your GP surgery.
- 6/ Please make a note on the reverse of the form of any recent illness, especially a fever.
- 7/ For specimens being taken to **BOURNEMOUTH** the specimen **MUST** be delivered within **TWO** hours of production to the Pathology Department, Monday to Friday this **must** be pre-booked with the laboratory and patients are requested to telephone the lab on **01202 704844**

For specimens being taken to **POOLE** the specimen must be delivered on a **Wednesday** or **Thursday** morning **ONLY** between **8am-10.00am**-this must be pre-booked with the laboratory and patients are requested to telephone the lab anytime between **9am –5pm Mon-Fri on 01202 448087** to arrange an appointment.

- 8/ The results will take up to three weeks. **Please note** – results cannot be given over the telephone. You will be advised of the result at your next clinic attendance please ensure that the test is carried out three weeks prior to any appointment.

It is not essential for you to bring the specimen in personally. Someone else can deliver it for you.